



SYLLABUS
M.A./M.SC PSYCHOLOGY
DEPARTMENT OF PSYCHOLOGY
MATS SCHOOL OF ARTS & HUMANITIES
(2023-2024)

Programme Outcome

This programme will provide the academic and practice skills needed to provide psychosocial interventions in health and wellbeing in a variety of settings from public health to the workplace.

Programme Specific Outcomes

Programme Specific Outcomes 1: Demonstrate domain expertise in the field of psychology including theoretical foundations of human behavior.

Programme Specific Outcomes 2: To create a strong research oriented theoretical foundation in consonance with recent advances in the discipline of psychology.

Programme Specific Outcomes 3: To enable students to take a creative, empirical and ethical approach to the program that combines conceptual repertoire and research practices in both quantitative and qualitative traditions.

Programme Specific Outcomes 4: To provide an opportunity to extend the knowledge base to the world of practice with a view to promote healthy interface between academia and society.

Programme Specific Outcomes 5: Demonstrate professional competencies and practice skills to provide psychological interventions.

MATRIX
M.A./ M.SC PSYCHOLOGY
DEPARTMENT OF PSYCHOLOGY
(2023-2024)
Semester wise Details of Credits

S.N.	Semesters	Credits
1	Semester-I	20
2	Semester-II	20
3	Semester-III	20
4	Semester-IV	20
	Total	80

Details of Courses and Credits

S.N	Description	Theory	Total
1	12 Core Course	12x4	48
2	04 Generic Elective	4x3	12
3	04 Discipline Specific Elective	4x3	12
4	06 Practical	2x4	08
	Total Credits		80

DETAILS OF COURSE METRICS M.A./ M.SC.PSYCHOLOGY
TOTAL CREDITS- 80
DEPARTMENT OF PSYCHOLOGY (MSAH-P)
MATS SCHOOL OF ARTS AND HUMANITIES

SEMESTER-I						
COURSE	SUBJECT CODE	NAME OF SUBJECT	CREDITS (HOURS/ WEEK)	MARKS		
			THEORY/PRACTICAL	INTERNAL	EXTERNAL	TOTAL
CORE COURSE	(MAP-101)	Basic Psychological Processes	4	30	70	100
	(MAP -102)	Basic Research Methodology	4	30	70	100
	(MAP -103)	Social Psychology	4	30	70	100
GENERIC ELECTIVE GE-1 (OPT ANY ONE PAPER)	(MAP -104)	Psychology of Relationships	3	30	70	100
	(MAP -105)	Positive Psychology				
GENERIC ELECTIVE GE-2 (OPT ANY ONE PAPER)	(MAP -106)	Childhood Disorders	3	30	70	100
	(MAP -107)	Stress and Health				
	(MAP -108)	Practical & Field work	2	30	70	100
VALUE ADDED COURSE		Yoga and Meditation	NC	NC	NC	NC
TOTAL CREDITS/MARKS			20	180	420	600

SEMESTER-II						
COURSE	SUBJECT CODE	NAME OF SUBJECT	CREDITS (HOURS/ WEEK)	MARKS		
			THEORY/PRACTICAL	INTERNAL	EXTERNAL	TOTAL
CORE COURSE	(MAP 201)	Advance Psychological Processes	4	30	70	100
	(MAP -202)	Advance Research Methodology	4	30	70	100
	(MAP -203)	Group Processes and Cultural Psychology	4	30	70	100
GENERIC ELECTIVE GE-3 (OPT ANY ONE PAPER)	(MAP -204)	Physiological Psychology and Health Behaviors	3	30	70	100
	(MAP -205)	Community Psychology				
GENERIC ELECTIVE GE-4 (OPT ANY ONE PAPER)	(MAP -206)	Psychosocial Rehabilitation	3	30	70	100
	(MAP -207)	Environment Psychology				
	(MAP -208)	Practical & Field work	2	30	70	100
VALUE ADDED COURSE		Communication and soft skill	NC	NC	NC	NC
TOTAL CREDITS/MARKS			20	180	420	600

SEMESTER-III										
COURSE	SUBJECT CODE	NAME OF SUBJECT	CREDITS (HOURS/ WEEK)		MARKS					
			THEORY/PRACTICAL		INTERNAL	EXTERNAL	TOTAL			
CORE COURSE	(MAP -301)	Psychopathology		4		30		70		100
	(MAP -302)	Psychological Assessment		4		30		70		100
	(MAP -303)	Life Span development		4		30		70		100
ELECTIVE DISCIPLINE SPECIFIC: DSE Opt any one group) Group A : Clinical Psychology	(MAP -304)	Clinical Diagnosis – I	3	6	30	60	70	140	100	200
	(MAP -305)	Psychotherapeutic Counseling – I	3		30		70		100	
Group B : Psychology of Education	(MAP -306)	Educational and Instructional Psychology – I	3		30		70		100	
	(MAP -307)	Basics of Psychological Guidance and Counseling – I	3		30		70		100	
Group C : Psychology of Management	(MAP -308)	Organizational Behavior– I	3		30		70		100	
	(MAP -309)	Human Resource Development and Management – I	3		30		70		100	
	(MAP -310)	Practical		2		30		70		100
VALUE ADDED COURSE		Computer and its application		NC		NC		NC		NC
TOTAL CREDITS/MARKS				20		180		420		600

SEMESTER-IV										
COURSE	SUBJECT CODE	NAME OF SUBJECT	CREDITS (HOURS/ WEEK)		MARKS					
			THEORY/PRACTICAL		INTERNAL		EXTERNAL		TOTAL	
CORE COURSE	(MAP-401)	Psychological Assessment and measurement		4		30		70		100
	(MAP-402)	Personality and Indigenous Psychology		4		30		70		100
	(MAP-403)	Internship		4						
ELECTIVE DISCIPLINE SPECIFIC: DSE (Opt any one group) Group A : Clinical Psychology	(MAP-404)	Clinical Diagnosis – II	3	6	30	60	70	140	100	200
	(MAP-405)	Psychotherapeutic Counseling - II	3		30		70		100	
Group B : Psychology of Education	(MAP 406)	Educational and Instructional Psychology - II	3		30		70		100	
	(MAP-407)	Basics of Psychological Guidance and Counseling - II	3		30		70		100	
Group C : Psychology of Management	(MAP -408)	Organizational Behavior – II	3		30		70		100	
	(MAP-409)	Human Resource and Development Management – II	3		30		70		100	
	(MAP-410)	Practical & Field work		2		30		70		100
VALUE ADDED COURSE		Internet and its application		NC		NC		NC		NC
TOTALCREDITS/MARKS				20		180		420		600

SEMESTER-I**(MAP-101): BASIC PSYCHOLOGICAL PROCESSES**

Course Objective: To introduce the basic concepts of the psychology with an emphasis on applications of psychology in everyday life.

Unit-I

Psychophysics and Perception

- Signal detection theory, subliminal perception and related factors.
- Approaches to the Study of Perception: Gestalt and physiological approaches.

Unit-II

- Perceptual Organization: Gestalt, Figure and Ground, Laws of Organization.
- Perceptual Constancy: Size, Shape and Brightness, Illusion; Perception of Depth and Movements.
- Role of motivation and learning in perception.

Unit-III

- Attention :Introduction, Type , Concept, Theories, and determinants

Unit-IV

- Learning Process: Classical conditioning: Procedure, Phenomena and related issues.
- Instrumental learning: Phenomena, Paradigms and theoretical issues. Process, Escape Conditioning, Avoidance Conditioning, Generalization.

Unit-V

- Reinforcement: Basic variables and schedules.
- Verbal learning: Methods and materials, organizational processes.

BOOK RECOMMENDED:

- Snodgrass, J. Gray. Et. Al (1985) Human experimental psychology, New York: Oxford UniversityPress.
- Galott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai: ThompsonAsia.
- D. Amato M.R. (1970) Experimental Psychology, New York, Mc. GrawHill.
- SenAnima: Attention &Distraction NewDelhi.
- S. Stevens, (1959) Handbook of Experimental Psychology, A Wiley Publication inPsychology.
- Snodgrass, J. Gray. Et. Al (1985) Human experimental psychology, New York: Oxford UniversityPress.
- GA Lott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai: ThompsonAsia.

(MAP-102) BASIC RESEARCH METHODOLOGY

Course Objective: To familiarize students with the psychological research and the techniques of descriptive statistics for quantitative research.

UNIT-I

- Research Methodology : Types of psychological research.
- Methods of Psychological Research: Experimental, Quasi – experimental, case studies, field studies and cross – cultural studies.
- Variables: Nature and types. Techniques of experimental manipulation, Control in experiment.

UNIT – II

- Sources of bias. Ethical issues in psychological research, Research Process: Consideration of research problem and hypothesis, Operationalization. Sampling: probability and non probability sampling.

UNIT – III

- Research designs: Cross Sectional and Longitudinal Correlational, factorial, randomized block, matched group, quasi – experimental, Greco Latin Square time series design.

UNIT – IV

- Central tendencies, Dispersion, Normal Probability Curve, its properties and utility in inferential statistics, Null hypothesis, Type I and Type II errors, Levels of significance.

UNIT – V

- Method of Collecting data – I: Observation, Questionnaire and Interview. Test & Scales

BOOK RECOMMENDED:-

- Kerlinger D & Katz L. : Foundation of behavioral research (2nd ed) Surjeet Publication, Kamlanagr, Delhi,1983
- Kothari C.R.: Research methodology: methods and techniques. Wiley eastern Ltd. New Delhi1986
- Broota, K.D.: Experimental design in behavioral research Wiley eastern Ltd. New Delhi1992
- Black T.R. : Quantative research designs for social sciences thousand oaks: sage1988
- Winer, B.J. : Stastical principles in experimental design, New York, Mc graw hill, 1971
- Edwards, A.K.: Experimental designs in psychological research. New York Holt1976
- Mason, J.: Qualitative Researching, thousand oaks: sage1997.

(MAP-103): SOCIAL PSYCHOLOGY-

Course Objective: This course is designed to give students a broad overview of Social psychology, emphasizing on significant concepts, theory, and research.

UNIT – I

- Current trends in Social Psychology. Historical Background: Growth of social psychology, Methods of social psychology. Theoretical perspective: Cognitive dissonance, Social comparison, Attribution, Field Psychoanalytic, Symbolic interactions, Socio-biology.

UNIT – II

- Social cognition. Person perception, impression management. Role of Stereotypes in person Perception types of influence process.

UNIT– III

- Social Influence Processes: Leadership

UNIT – IV

- Attitude: Nature and Characteristics, Development and change. Theories of attitude change.

UNIT–V

- Prosocial behavior, aggression and violence. Nature, Characteristics, Determinants, Theories.

BOOK RECOMMENDED:-

- Billing, M. (1976) Social Psychology and inter group relations, NY: Academic Press
- Lindzey, G. & Aronson, E (Eds) (1985) The Handbook of social psychology. NY: RandomHouse.
- Dalal, A.K. (1989) Attribution theory and research ND wileylimited.
- Feldman R.S. (1985) Social Psychology, New York, Mc Grawhill.
- Baran A.B. & Byre, D (1991) Social Psychology, - Boston allyn & Bacon.
- Pandey, J. (1988) Psychology in India; the state – 7 the art Vol – 2 ND.Sage.
- Eiser, J.R. (1986) Social Psychology, London: Cambridge UniversityPress.
- Mishra, G. (1990) Applied social psychology in India ND:Sage

(MAP-104): PSYCHOLOGY OF RELATIONSHIP

Objective: Increasing understanding regarding the dynamics of establishing, maintaining, and dissolving relationships, to foster an understanding of love as a psychological construct. Developing insights about distress in relationships (divorce, break-up, etc.) as well as the healing process, Appreciating the importance of positive relational attitudes like self-acceptance, gratitude and forgiveness for healthy relationships.

UNIT I: Social Psychology of Relationships: Psychology of Friendship (making friends, friendship and social media; benefits and maintenance of friendships); Marriage (marriage for love versus arranged marriage; the marital ideal: characteristics of an ideal partner, factors affecting marital happiness)

UNIT II: Love: Understanding love, Types of love; Theories of love (love styles; two-factor theory of love; Sternberg's triangular theory); Relationship satisfaction

UNIT III: Distress in relationships: Jealousy, Infidelity, Breakup, Divorce

UNIT IV: Healing: Understanding the dynamics of broken and flourishing relationships; Practicing positive relational attitudes like self-acceptance, gratitude, forgiveness.

UNIT V: Personal and Professional relationships : Pro social Behavior Gratitude, Forgiveness, Fostering Positive Relationships. Communication: Communication Behaviors, Communication types, Anger management, Emotional Regulation, Mindfulness.

Readings:

- Baron, R.A., Byrne, D. & Bhardwaj, G. (2010). *Social Psychology* (12th Ed.). New Delhi: Pearson.
- Diener, E., & Seligman, M. E. P. (2002). Very happy people. *Psychological Science*, 13, 81-84 Field, T., Diego, M., Pelaez, M., Deeds, O., & Delgado, J. (2010). Breakup Distress and Loss of Intimacy in University Students. *Psychology*, 1(03), 173-177.
- Gordon, A. M., Impett, E. A., Kogan, A., Oveis, C., & Keltner, D. (2012). To have and to hold: Gratitude promotes relationship maintenance in intimate bonds. *Journal of Personality and Social Psychology*, 103, 257-274.
- Hatfield, E., Mo, Y.U., & Rapson, R.L. (2015). Love, sex and marriage across cultures. In Jenson, L.A. (Ed.), *The Oxford Handbook of Human Development and Culture: An Interdisciplinary Perspective*. New York: Oxford University Press.
- Hojjat, M. & Moyer, A. (2016)(Eds.). *The Psychology of Friendships*. UK: Oxford University Press
- Rye, M. S. & Kenneth I.P. (2002). Forgiveness and Romantic Relationships in College: Can It Heal the Wounded Heart? *Journal of Clinical Psychology*, 58(4), 419-441.
- Snyder, C. R., Lopez, S. J., & Pedrotti, J. T. (2011). *Positive Psychology: The Scientific and Practical Explorations of Human Strengths*. New Delhi, India: Sage Pub. Chapter 12: Attachment, love and Flourishing relationships.
- Sternberg, R.J. & Weis, K. (2006)(Eds.). *The New Psychology of Love*. New Haven, CT, US: Yale University Press.
- Wilerton, J. (2010). *The Psychology of Relationships*. New York: Red Globe Press

MAP-105) : Positive Psychology-**Objectives: Build relevant competencies for experiencing and sharing happiness as lived experience and its implications****Unit-I.**

Introduction to Positive Psychology, Positive Psychology: Concept, History, Nature, Dimension and scope of Positive Psychology,

Scientific theory of positive psychology; The PERMA Model of Seligman's PERMA

Unit-II.

Positive Emotional States and Processes Positive Emotions and well being: Hope & Optimism, Love, the Positive Psychology of Emotional Intelligence, Influence of Positive Emotions

Unit-III:

Strengths and Virtues Character, Resilience: meaning, principal of resilience, type of resilience, Resilience in the phase of challenge & Loss Empathy, Altruism: meaning, type

Unit-IV:

Happiness Introduction to Psychology of happiness, well being and scope, Types of happiness- Eudaimonic and Hedonic History of Happiness, Theories, Measures and Positive correlates of happiness Traits associated with Happiness Setting Goals for Life and Happiness

Unit-V

Forgiveness: meaning, types of forgiveness, and Gratitude: What is Gratitude and Why Is It So Important? Forgiveness and Gratitude Personal transformation and Role of suffering Trust and Compassion

References:

- Argyle, M. 1987. The psychology of happiness. London: Methuen.
- Baumgardner, S.R.& Crothers, M.K. (2009). Positive Psychology. New Delhi: Pearson Education
- Carr, A. (2004). Positive Psychology. The Science of Happiness and Human Strengths. London:• Routledge.
- Snyder, C.R.& Lopez. S. (2007). Positive Psychology. The scientific and Practical explorations of Human Strengths. Sage Publications
- Synder, C.R.& Lopez. S. (2007). Handbook of Positive Psychology. Oxford Publications.
- Snyder, C.R.& Lopez. S. (2007). Positive Psychology. The scientific and Practical explorations of Human Strengths. Sage Publications

MAP-106) : Childhood Disorders-

Objectives: The objective of this course is providing students with an overview of abnormal child psychology.

Unit-I.

Nature of abnormal behavior in children: type , Symptoms, causes,, assessment of abnormal behavior and the most commonly used system for classifying psychological disorders.

Unit-II.

Children with developmental psychopathology - Internalizing Disorders – Anxiety disorder; meaning, type , assessment, Symptoms, causes, Childhood Depression: meaning, type , assessment, Symptoms, causes,

Unit-III.

Externalizing Disorders- Conduct disorder: meaning, type , assessment, Symptoms, causes,, Attention Deficit Hyperactivity disorder: meaning, type , assessment, Symptoms, causes.

Unit-IV.

Children in difficult circumstances - street children, child prostitutes, children of prostitutes, children of AIDS patients and children of prisoners: Problems

Unit-V.

Fundamentals of Guidance and Counselling of children – Definitions, types and techniques.

References:

- Barooh,P.. Child Welfare. Devi, L. Encyclopedia of Child Welfare Vol (I-VI).
- Madan, G. R.. Indian Social Problems. Mussen, P., Conger, J. ,Kagan, J. and Huston, A.C. (1990).Child development and personality. New York: Harper and Row.
- Rane, A. (Ed.) (1994). Street children: A challenge to the social work profession. Bombay : TISS.
- Rane, A. et al. (1980). Children in difficult situations in India: A review. Bombay : TISS. Roy,S. Shiksha manovidya.

MAP-107) : Stress and Health-

Objectives: This course will examine the role of stress on illness from a biopsychosocial perspective. It will provide students with an understanding of Health Psychology as a specialty within psychology that addresses the role of behavioural factors in health and illness.

Unit-I.

Understanding stress : meaning, type and its various causes. Stress and psychologically-oriented and physically-manifested disorders. Psychosomatic disorders, Manic depressive tendencies, socialization problems, eating disorders, Depression.

Unit-II.

Health Psychology: Concept, Assumptions, Current perspectives on Health and Illness – Biopsychosocial model, Lifespan and Gender perspectives.

Unit-III

Theories: Social Cognitive Theory, Theory of Planned Behavior, Health Belief model, Protection – motivation theory, Trans – theoretical model of behavior change, Self-regulatory model, latest trends.

Unit-IV.

Stress and adjustment : Occupational, social, marital, sexual and environmental aspects. Technology and subjective well-being (SWB)

Unit-V.

Health and Behavior; Changing health habits; Cognitive behavioural approaches to health behavior change.

References

- Andrew W. Baum, Jerome E. Singer & Tracey A. Revenson.
- Handbook of Health Psychology. Lawrence Erlbaum Associates. 2001.
- Edward P. Sarafino. Health Psychology: Biopsychosocial Interactions. 4 th Edition. John Wiley and Sons. 2001.
- Linda Brannon & Jess Feist. Health Psychology ♦ An Introduction to Health and Behaviour. 4th Ed. Wadsworth. 1999.
- Virginia Ann Price. Type-A Behaviour Pattern. A model for Research and Practice. Academic Press. 1982

(PSM-108) Practical & Field Work :-

This paper consists of the laboratory (experimental) and field – work done throughout the semester and will be evaluated at the time of examination along with the other papers. Distribution of marks would be as under:

	Marks
Record of lab practical and field work	30
Evaluation of one lab experiment to be conducted in the examination	50
Viva on practicum	20
List of Practicum :(Any five experiments and one field study)	

Proposed experiments for M.A. Sem. Ist Psychology exam -

1. Meaningfulness in Learning.
2. Feedback in verbal learning.
3. Chunking.
4. Episodic memory.
5. Effect of types of information on impression formation.
6. Meaningfulness and selective attention.
7. Perceptual constancy size/Shape/Brightness.
8. Mental fatigue.
9. Verbal conditioning.
10. Effect of feedback on self-concept.

SEMESTER-II**(MAP-201): ADVANCE PSYCHOLOGICAL PROCESSES**

Objective: To introduce the basic concepts of the psychology with an emphasis on applications of psychology in everyday life.

Unit-I

- Learning theories: Hull, Tolman and Skinner.
- Cognitive approaches in learning: Latent learning, observational learning.
- Experimental analysis of behavior: Behavior modification, shaping Discrimination learning, Neurophysiology of learning

UNIT – II

- Motivation: Basic Motivational Concepts: Instincts, needs, drives, incentives, motivational cycle.
- Approaches to the Study of Motivation: Psychoanalytical, ethological, S – R Cognitive, humanistic.

UNIT – III

- Emotion : Physiological correlates of emotions.
- Theories of emotions : James - Lange, Canon- Bard, Schechter and Singer
- Conflicts: Sources and types.

UNIT – V

- Memory Processes: Encoding, Storage, Retrieval.
- Stages of Memory: Sensory memory, Short-term Memory (STM) and Long – term Memory (LTM).
- Episodic and Semantic memory.

Unit-V

- Forgetting: Theories of Forgetting: Interference, decay, retrieval
- Factors affecting Forgetting

BOOK RECOMMENDED:

- Snodgrass, J. Gray. Et. Al (1985) Human experimental psychology, New York: Oxford UniversityPress.
- Galott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai: ThompsonAsia.
- D. Amato M.R. (1970) Experimental Psychology, New York, Mc. GrawHill.
- SenAnima: Attention &Distraction NewDelhi.
- S. Stevens, (1959) Handbook of Experimental Psychology, A Wiley Publication inPsychology.
- Snodgrass, J. Gray. Et. Al (1985) Human experimental psychology, New York: Oxford UniversityPress.
- GA Lott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai: ThompsonAsia.

(MAP-202): ADVANCE RESEARCH METHODOLOGY-

Objective: To familiarize students with the use of statistical methods in psychological research and the techniques of descriptive statistics for quantitative research.

UNIT-I

- Experimental Design: Single Factor, Randomized block, 2X2 factorial design, Repeated measures (on one factor)

UNIT- II

- ANOVA: one – way and two – way: Randomized and Repeated Measure Design. ANCOVA, Post ANOVA tests.

UNIT- III

- Measures of relationships: bi-serial, point bi-serial, tetracoric and phi, Multiple and partial Correlations.

UNIT- IV

- Regression: simple and multiple, Factor analysis: Assumptions, Methods Rotation and interpretation

UNIT-V

- Use of computer in psychological researches, Research report writing (APA style).

BOOK RECOMMENDED:-

- Kerlinger D & Katz L. : Foundation of behavioral research (2nd ed) Surjeet Publication, Kamlanagr, Delhi,1983
- Kothari C.R.: Research methodology: methods and techniques. Wiley eastern Ltd. New Delhi1986
- Broota, K.D.: Experimental design in behavioral research Wiley eastern Ltd. New Delhi1992
- Black T.R. : Quantative research designs for social sciences thousand oaks: sage 1988
- Winer, B.J. : Stastical principles in experimental design, New York, Mc graw hill, 1971
- Edwards, A.K.: Experimental designs in psychological research. New York Holt1976
- Mason, J.: Qualitative Researching, thousand oaks: sage1997.

(MAP-203): GROUP PROCESSES AND CULTURAL PSYCHOLOGY-

Course objective: objective of the course is to study, how cultures reflect and shape the psychological processes of their members.

UNIT – I

- Group Dynamics and Group behavior, Group effectiveness, and Group Cohesiveness: meanings, formation, decision making, problem solving and group level behaviors.

UNIT– II

- Leadership: Meaning and nature, function, styles and effectiveness.

UNIT – III

- Social issues: Poverty, Caste, gender, population issues in India, Communal tension and harmony.

UNIT – IV

- Culture and Behavior-I: Culture and Cognition and emotion. Culture and Organization.

UNIT–V

- Culture and Behavior-II: Culture and Health. Culture and Personality.
- Social psychology: Health, Environment and Law.

BOOK RECOMMENDED:-

- Billing, M. (1976) Social Psychology and inter group relations, NY: Academic Press Lindsey,G.
- Aronson, E (Eds) (1985) The Handbook of social psychology. NY: RandomHouse.
- Mishra, G. (1990) Applied social psychology in India ND:Sage
- Eiser, J.R. (1986) Social Psychology, London: Cambridge UniversityPress.
- Dalal, A.K. (1989) Attribution theory and research ND wileylimited.
- Feldman R.S. (1985) Social Psychology, New York, Mc Grawhill.
- Baran A.B. & Byre, D (1991) Social Psychology, - Boston allyn &Bacon.
- Pandey, J. (1988) Psychology in India; the state – 7 the art Vol – 2 ND.Sage.

(MAP-204): PHYSIOLOGICAL PSYCHOLOGY AND HEALTH BEHAVIOURS -

Course objective: Understand how behavior relates to the structures and functions of the nervous system

UNIT-I

- Methods and Basic concepts
- Methods of Physiological psychology: Lesion and Brain Stimulation.
- Receptors, effectors and adjuster mechanisms.
- Neural impulse: Origin, conduction and measurement.

UNIT – II

- Sensory system: Vision and Audition.
- Human nervous system: Structure and functions.

UNIT– III

- Sleep and waking: Stages of sleep, Disorders of sleep and Physiological mechanisms of sleep and waking.
- Drinking and its neural mechanism; hunger and its neural mechanism.
- Endocrine System: Chemical and glandular.

UNIT - IV

- Approach to therapy (Psychoanalytic, Biological Behavioral, Behavioral medicine and spiritual therapy).

UNIT – V

- Mental health promotion and maintenance, present issues and trends in health psychology

BOOK RECOMMENDED:

- Aboud, T.D.: Health psychology in global perspective. Thousand oaks, C.A: Sage (1988).
- Page, J.D.: PSYCHOPATHOLOGY: The Science of understanding Deviance.(2nd ed.)(1975)
- Carson, C.R., Butcher J. N.: Abnormal psychology and modern life (9th ed) Harper Collins publisher.(1992).
- Adams, H.E. & Sutkar. P.B.: comprehensive handbook of psychopathology New York, PlenumPress.
- Prokap, C.R. & Bradly, L.A.: Medical psychology: Contribution to Behavioral medicine, Academic press,(1991)
- Davison G.C. and Neal J.N. Abnormal Psychology – 8th Ed. Wiely Publishers,2000.

(MAP-205) Community Psychology

Course Objective: To acquaint students with the history & current status of community psychology and community mental health services.

Unit I: Introduction, historical and social contexts of community psychology: concept, evolution and nature of community mental health.

Unit II : Core Values of Community Psychology, Social construction and its Critics, Participatory and Action Research

Unit III: Models of mental health services, Models of mental health services for Children and Types of Problem: ADHD, PTSD, and Child Abuse.

Unit IV: Community mental health intervention and community based rehabilitation (CBR): Issues, principles. Notions of Social Change in Community Psychology: Issues and Challenges

Unit V: Community mental health in India: Issues & Challenges. Intervention Strategies, Social action and Innovation, Empowering communities

References:

Bloom, B. (1973). Community Mental Health—A critical analysis. New Jersey: General Learning Press

Koch, C.H.(Ed.) (1986). Community Clinical Psychology. London: Croon Helm.

Mann, P.A. (1978). Community Psychology: Concepts and Application. New York: The Free Press.

Rappaport, J. (1977). Community Psychology: Values, Research and Action. New York: Holt, Reindhart and Wingston.

(MAP-206): Psychosocial Rehabilitation-

Course objective: To enhance the ability of students to apply the critical thinking through an understanding of the theoretical, philosophical and applied nature of psychosocial rehabilitation.

UNIT I

Rehabilitation: Nature and rationale; theories and models in rehabilitation psychology; concepts and models of disability, functioning, and health, Ethical issues in rehabilitation.

UNIT II

Neuropsychological and cognitive rehabilitation: Theoretical approaches. Principles of compensation, recovery and plasticity in neurocognitive rehabilitation; Clinical and management issues in cognitive rehabilitation.

UNIT-III

Neurocognitive rehabilitation of persons with deficits of memory, attention and executive functions; Rehabilitation in traumatic brain injury and stroke.

UNIT IV

Psychiatric rehabilitation: General principles and methods of psychiatric rehabilitation; organization and delivery of services; specific interventions; role of family.

UNIT IV

Neurorehabilitation strategies for neurodegenerative conditions: Neurorehabilitation in dementia and alzheimers disease; Psychosocial and cognitive rehabilitation in the elderly.

Recommended Books:

1. Goldstein, L.H., & McNeil, J.E. (2004). Clinical neuropsychology. John Wiley & Sons Ltd.: Chichester, West Sussex, England.
2. Noggle, C.A., Dean, R.S., & Barisa, M.T. (Eds.)(2013). Neuropsychological rehabilitation. New York: Springer Publishing Co.
3. Pratt, C.W., Gill, K.J., Barrett, N.M., & Roberts, M.M. (2007). Psychiatric rehabilitation (2nd ed.). New York: Academic Press.
4. Stuss, D.T., Winocur, G., & Robertson, I.H. (2010). Cognitive Neurorehabilitation: Evidence and Application (2nd Ed.). Cambridge: Cambridge University Press.
5. Wilson, B.A., Gracey, F., Evas, J.J., & Bateman, A. (2009). Neuropsychological rehabilitation. Theory, Models, Therapy, and Outcome. Cambridge: Cambridge University Press.
6. Wilson, B.A., Herbert, C.M., & Shiel, A. (2003). Behavioural approaches in neuropsychological rehabilitation. New York: Psychology Press

(MAP-207): Environment Psychology-

Course objective: The course gives an introduction to theory, research, and methods in the study of human perception and behavior in the field of environmental psychology.

UNIT I

Introduction: Nature, scope, history and focus of environmental psychology; Scientific method; models and theories of environment behavior relationship.

UNIT II

Environmental perception and cognition: environmental perception; spatial cognition; environmental values and attitudes, attachment and identity; appraisal and assessment, personal space, privacy and territoriality.

UNIT III

Environmental stress and health: Environmental stress, crowding, noise and overpopulation; effects of physical environment on health.

UNIT IV

Weather and climate issues: Weather and climate, seasonality, natural and technological disasters, environmental risk perception.

UNIT V

Environmental problems and solutions: Psychology of environmental problems; sustainability, common dilemma, solution to environmental problems, sustainable design; designing more habitable environments.

Books Recommended:

1. Bell, P., Greene, T., Fisher, J., & Baum, A. (2001). Environmental Psychology (5th ed). NY: Harcourt Brace, Inc.
2. Gifford, R. (2007). Environmental psychology: Principles and practice. Optimal Books.
3. Winter, D. D., & Koger, S. (2004). The Psychology of Environmental Problems (2nd ed.). Mahwah, NJ: Lawrence Erlbaum Associates.

(MAP-208): Practical & Field Work-**List of Practical: (Any five tests)**

- 16 P.F.
- Problem solving ability
- Aptitude
- Mixed type group Intelligence test
- Levenensons Scales for Locus of Control
- Digit memory scope
- Aggression.
- Semantic ink block test.

SEMESTER-III**MAP-301) : PSYCHOPATHOLOGY**

Objectives: To explore the type of abnormal behaviour, and its theoretical background, assessment criteria .

UNIT-I

- Concept of Psychopathology, Classification systems in psychopathology:
- W.H.O. (ICD-10) and multiaxial systems (DSM-IV-TR): Evaluation of classification system.

UNIT- II

- Theoretical background, approaches to psychopathology (1) Psychodynamic; (2) Behavioral (3) Cognitive (4) Phenomenological (5) Biological and (6) Socio cultural; Diagnosis - purposes of diagnosis, reducing undesirable variability: diagnostic system.

UNIT – III

- Anxiety disorder : Panic, Phobic, OCD, Post – Traumatic, GAD, somatoform disorders, Impulse control disorder, eating disorder, Sleep disorder, dissociative: Types, symptoms and management.

UNIT- IV

- Psychotic disorders: Schizophrenia, Mood disorder.
- Personality disorder (cluster categories and problems), types & symptoms: Types, Symptoms and management.

UNIT-V

- Substance related disorders. Mental Retardation and developmental disorders.

BOOK RECOMMENDED:

- Aboud, T.D.: Health psychology in global perspective. Thousand oaks, C.A: Sage(1988).
- Page, J.D.: PSYCHOPATHOLOGY: The Science of understanding Deviance. (2nded.) (1975)
- Carson, C.R., Butcher J. N. : Abnormal psychology and modern life (9th ed) Harper Collins publisher.(1992).
- Adams, H.E. & Sutkar. P.B.: comprehensive handbook of psychopathology New York, PlenumPress.
- Prokap, C.R. & Bradly, L.A.: Medical psychology: Contribution to Behavioral medicine, Academic press,(1991)
- Davison G.C. and Neal J.N. Abnormal Psychology – 8th Ed. Wiley Publishers,2000.

(MAP-302): PSYCHOLOGICAL ASSESSMENT

Course objective: To develop an understanding of Various Psychometric test, Projective test.

UNIT – I

- Nature of Psychological Assessment, Differences between Physical & psychological assessment. Problems in Psychological Assessment. Levels of Assessment.

UNIT – II

- Scaling: Uni-dimensional and Multi dimensional. Scale construction techniques. Difference among tests, scales, questionnaire and schedule. Characteristics of a good psychometric test. Difference between psychometric and projective technique.

UNIT – III

- Construction of Psychometric tools: Steps in test Construction, item writing, pre try out, item difficulty level discrimination power, Psychological test, types of Psychological test.

UNIT – IV

- Standardization process of psychometric tools test: Reliability: Concept, type, methods of determining reliability, validity: Concept, type, methods to determine validity, factor affecting reliability and validity. Norms : Types, Uses and Method to determine various types of norms

UNIT-V

- Adaptation of tests. Test taking Response Styles: Social desirability, Acquiescence and Faking.
- Psychological testing in Applied Field of Life: Diagnosis, Psychotherapy, Education, Occupations and Organizations.

BOOK RECOMMENDED:-

- Anastasi, A. (1988) Psychological Testing London: Mc Millan Publishing Co. Crowback. L.J. Essentials of Psychological Testing.
- Reeman F. Theory and Practice of Psychological Testing.
- Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw Hill Publication.
- Guilford, J.P. Psychometric Methods. New Delhi Tata Mc GrawHill.
- Nunally, J.C. Introduction to Psychological Measurement, Tokyo PAPER – XIIMc GrawHill.
- Nunally, J.C. Psychometric Theory, New Delhi: Tata Mc.Graw Hill PublishingCo.

(MAP-303): LIFE SPAN DEVELOPMENT-

Objectives: This course provides a basic introduction to the development of the discipline both from the Indian as well as western perspective. Review the development of psychological thought and introduce the issues and debates in contemporary psychology.

UNIT I

- Introduction : What is development : Nature, Stages and principles of developmental Psychology, Maturation vs. Experience; Nature & Nurture debate

UNIT II

- Theories of Human development: Psychodynamic, Psychosocial, Behaviorism and social learning theories, Cognitive development and Socio-Cultural Theory of development.

UNIT III.

- Research methodology in Development Psychology and Measurement Techniques, Research design, Ethical issues in Research on child development.

UNIT IV

- The Biological foundation of development, Development of language and communication, Emotional, Social personality and Moral development.

UNIT V

Adulthood, Middle and old age: Characteristics, Psychological changes and adjustment

BOOK RECOMMENDED:-

- An introduction to Child Development, 11nd Ed.
- Thomas keenan and subhadra Evans sage foundations of Psychology 2009
- Baltes, P.B. & Brim O.G. (1978): Life span development Behavior. N.Y. Academic Press.
- Thomas, M.R. (2000): Recent theories of Human Development, thousand Oaks: sage Publication.
- Zanden, J.W. & Vander (1997): Human Development (7th Ed.) New York: McGraw Hill.
- Elizabeth B. Hurlock (1977): Development Psychology, A life span approach, (5th Ed.)
- Jere, E. Brothy & Sherry I, Willis (1981) Human Development and Behavior, St. Maitins Press, NY.

(MAP-304): CLINICAL DIAGNOSIS – I

Course objective: The purpose of the course is to provide an advanced theoretical and conceptual knowledge regarding the clinical diagnosis of psychological disorders

UNIT-I

- History and current trends. Current trends. Growth of the branch: Growth in numbers, differentiation. Professionals spiral of growth. Growth in India.

UNIT– II

- Approach of clinical psychology: Psychodynamic, Behavioristic, Humanistic, cognitive and socio-cultural.

UNIT– III

- Clinical diagnosis: Symptomatic vs. dynamic. Symptomatic diagnosis: ICD- 10, DSM-IV(TR).

UNIT– IV

- Dynamic diagnosis: Observation, Case history, and Interview.

UNIT–V

- Impressionistic approach of diagnosis: Informal assessment, source of errors in impression formation, Importance of Psychometric approach.

BOOK RECOMMENDED:-

- Iscope, I.; Block B.L. and Spielberger, C.D. (eds) Community psychology: Perspectives in training and research. NY: Appleton,1977.
- Mann. A.P.; Community Psychology: Concepts and applications. Free Press,1978.
- Rapaport, J. Community Psychology: Values, Research and action. NY: Holt Rinehart. 1977.
- Korchin, Modern Clinical Psychology. Harper and Row,1978.
- Wolman, B.B. (ed) Handbook of Clinical Psychology, M.C. Graw Hills,1972.

(MAP-305): PSYCHOTHERAPEUTIC COUNSELLING – I

Course objective: This Course facilitates the basic understanding of Psychotherapy and Counseling to assist students in acquiring practice management and referral skills.

UNIT – I

- Psychotherapeutic Counseling: Psychoanalytic Technique, Behavioral. Technique, Client centered technique, Community interventions and Group therapeutic techniques.

UNIT – II

- Methods for Altering Maladaptive Behavioral deficits: Shyness, delinquency, depression, speech and sexual dysfunctions.

UNIT – III

- Methods for altering maladaptive behavioral excesses: Excessive smoking, alcoholism, drug addiction and temper-out burst, physical aggression.

UNIT – IV

- Methods of altering inappropriate behavior: Marital maladjustment, child- misbehavior, homosexuality, and exhibitionism.

UNIT – V

- Methods for altering fears and anxiety and treating psycho physiological disorders: test-anxiety, generalized anxiety, stress, school phobia, snake phobia, combination of fears, CHD, asthma and peptic ulcer.

BOOK RECOMMENDED:-

- Carson &Butcher: Abnormal Psychology and modernlife.
- Wolpe, R. & Dryden, W. (eds) (1996) : Handbook of counseling psychology, NewDelhi
- Woolberg, L.R. (1998): The Techniques of Psychotherapy, BarcourBrace:Groune andstration.
- Toukimarian, S.G. & Rennie D.C. (1992): Psychotherapy Process and Research,Sage
- Gelso; C.J. and Fretz, B.R. (1995): Counseling Psychology, Bangalore, Prism Books Ltd.
- Abate, L. & Milan, M.A. (ed.) (1985): Handbook of social skill training & Research, New York: John Wiley &Sons.
- Gorey, G (1986) Theory and Practices of Counseling and Psychotherapy, Monterey California, books coleypublishing.
- Adelson, D. & Kalis, B.L. (1970): Community Psychology and Mental Health. PerspectivesSeanto.
- Mann. A.P. (1978): Community Psychology: Concepts and applications, FreePress.
- Iscoe. I. Block, B.L. & Spielberger, C.D. (eds.) (1977): Community Psychology: Perspectives in training and research N.Y.:Appleton.

(MAP-306) EDUCATIONAL INSTRUCTIONAL PSYCHOLOGY – I

Course objective: demonstrate the knowledge and ability to think critically about educational psychology theory.

UNIT – I

- Conceptual and theoretical perspectives in Educational Psychology. Theories, Behavioristic, Social learning and Piaget and their application in teaching.

UNIT – II

- Information processing Models, Instructional Models, Programmed learning concept, Characteristics and models.

UNIT – III

- Human diversity and education. Learning styles: Nature, approaches to learning style, measurement of learning styles, attempt to modify learning styles.

UNIT – IV

- Individual and group differences in intelligence. Theories of intelligence, Gender differences issues in the classroom.

UNIT-V

- Learning and motivation, study habit, importance, Levels of Learning

BOOK RECOMMENDED:-

1. De Secco, J.P. & Croford, W.R. : The Psychology of Learning and Instruction, New Delhi. PrenticeHall
2. Ellis, R.S.: Educational Psychology, A Problem approaches affiliated, New Delhi, ease WestPress.
3. Bruce & Marshvell: Models of Teaching (2nd Ed.)1980.
4. Travers, J.F.: Educational Psychology (2nd Ed.)1979.
5. Woolbtk, A.E. (1995), Educational Psychology (6th Ed.) Allya & Bacon, London/ Bostan.
6. Gage, N.L. & Berliner (1998). Education of Psychology (6th Ed.), Hought Miffir, NewYark

(MAP-307) : BASICS OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – I

Course objective: To impart knowledge of basics of Guidance and Counselling and to familiarize the students with applied and positive perspectives of Guidance and Counselling.

UNIT-I

- Nature, Need and Functions of Guidance. Principles of Guidance.

UNIT – II

- Techniques of appraising the client: Non-Standardized Methods. Anecdotal Record, Auto biography, Case study, Sociometric, Observation, Rating scale, Questionnaire.

UNIT – III

- Techniques of appraising the client: - Standardized Methods, Intelligence, Personality Aptitude, Interest, and Achievement.

UNIT – IV

- Organization of a guidance programme, Relevance of Guidance under 10+2+3 educational patterns.

UNIT – V

- Special areas of Guidance – Vocational Guidance, Educational Guidance, personal Guidance, Problems of Guidance in India.

BOOK RECOMMENDED:-

- Anastasi, Z., 1 Lewis, E.C. (1970): Counseling Psychology, New York, Holt Rinehart and Winsten, Inc.
- Harson, J.C. (1978): Counseling Processes and Procedures. New York, McMillan Publishing Co. Inc.
- Narayan Rao. S. (1981): Counseling Psychology, New Delhi, Tata McGrawHill.
- Kemp. C.G. (1970): Foundations of group counseling. New York, McGrawHill.
- Stiffer, B. (Ed.) 1965. Theories of counseling, New York, McGraw Hill BookCo.
- Warters, J. (1964): Techniques of counseling, New York, McGraw Hill BookCo.
- Rappaport, D. Gill, M.M. and Schafer, R. (1968): Diagnostic Psychological testing. (Revised edition, edited by Holt, R.R.) New York, International Universities Press.
- Anastasi, Z. (1992): Psychological Testing (Seventh Ed.) New York, McMillan.

(MAP-308) : ORGANIZATIONAL BEHAVIOUR – I

Course objective: To identify the processes used in developing communication and resolving conflicts. To explain group dynamics and demonstrate skills required for working in groups (team building)

UNIT-I

- Introduction: Organization Behavior – Scope and Concepts.

UNIT – II

- Psychological Processes: Learning, Perceptions and Motivation – Definition, Theories and application.

UNIT – III

- Leadership and Supervision: Concept, Factors influencing leadership role, Essentials of Leadership, Leadership Styles, Supervision and patterns of supervision.

UNIT – IV

- Organizational Dynamics: Organizational Power & Politics, Organizational Conflict, Conflict Management, Union Management interface.

UNIT – V

- Decision Making: Concepts, Decision Making process, types of decisions, factors influencing decision making, Management decision techniques.

BOOK RECOMMENDED:-

- Udai Pareek: Organizational learning R. Gibson (1997) Rethink the future London Nicholas Brealey Publishing.
- Luthans Fred: Organizational Behaviour (1995) Mc Graw Hill international Edition.
- Stephens P. Robbins: Organizational behaviour (9th edition) (2000) Prentice Hall India, New Delhi 110001.
- Jerald Greenberg, Robert, A. Baron: Behavior in organization (1999) Prentice Hall of India. New Delhi 110001.

(MAP-309) HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT – I

Course objective: To develop the understanding of the concept of human resource development and management and its relevance in organizations.

UNIT-I

- Assumptions about HRM, Structure and Role of HRM. The Indian Context of HRM Models of HRM. Current and future Challenges to HRM.

UNIT– II

- Human Resource Planning: Steps and stages in manpower planning. Structure of manpower planning HRD in India.

UNIT– III

- Job analysis and job design. Recruitment and selection.

UNIT– IV

- Training and development: Nature of Training and development, Importance of Training and development. How to make training effective.

UNIT–V

- Performance appraisal, Factors distorting appraisal and how to improve appraisals. Type of appraisal.

BOOK RECOMMENDED:-

- Human Resource Management. A contemporary perspective I. Board Well &Holden.
- Personnel Human Resource Management. D.A. centre & S.P. Robbins.
- Designing and Management. Human Resources Systems U. Pareek & T.V.Rao.
- Human Resource Management. Fisher. Scheenfeldt andshow.
- Human Research and Personnel Management by Aswathappo. (2002) 3rd edition; Tata McGrawHill.

(MAP-310) : PRACTICALS (Compulsory)-

LAB PRACTICALS:-

NOTE: Any five of the following to be completed in the Laboratory training.

1. Knowledge of results.
2. Effect of social support on conformity.
3. Attribution of achievement outcomes.
4. Zeigarnik effect.
5. Level of aspiration as a function of success or failure.
6. Reminiscence in motor learning.
7. Short Term Memory.
8. Effect of group on individual judgment.

SEMESTER-IV

(MAP-401) PSYCHOLOGICAL ASSESSMENT AND MEASUREMENT

objective: 1. To develop an understanding of the principles of assessment. 2. To develop beginning competency in the application of assessment principles to selecting and using assessment instruments.

UNIT – 1

- Concept and Measurement of Intelligence, Major Tests of Intelligence developed under Western and Indian Cultural setup.

UNIT – II

- Concept and Measurement of Aptitude; Major Test of Aptitude developed under Western and Indian Cultural set up. Achievement; concept and measurement of Achievement Test; Major Test of Achievement developed under Indian Cultural set up.

UNIT – III

- Test of Personality: Projective and Psychometric Approaches, Major Test of Personality developed under Western and Indian Cultural set up.

UNIT – IV

- Test of Adjustment, Values, Interest, Stress and Anxiety development under Indian condition.

UNIT – V

- Psychological Testing in Applied Field: Neuro-Psychological Testing: Objectives and Major Neuropsychological Test.
- Emotional Intelligence: Concept and Major Test of emotional Intelligence developed under western and Indian cultural set up.

BOOK RECOMMENDED:-

- Psychological Studies – 2004, Vol.-49.
- Daniel Golman: Emotional Intelligence (1995) New York: BantamBooks.
- Anastasi, A. (1988) Psychological Testing London: Mc Millan PublishingCo.
- Crowback. L.J. Essentials of PsychologicalTesting.
- Freeman F. Theory and Practice of PsychologicalTesting.
- Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw Hill Publication.
- Guilford, J.P. Psychometric Methods. New Delhi Tata Mc GrawHill.
- Nunally, J.C. Introduction to Psychological Measurement, Tokyo: Mc GrawHill.
- Nunally, J.C. Psychometric Theory, New Delhi: Tata Mc.Graw Hill PublishingCo.

(MAP-402): PERSONALITY AND INDIGENOUS PSYCHOLOGY – I

Objective: To develop an understanding and knowledge of the psychological theories and research in the field of personality psychology.

UNIT – I

- Personality Meaning, Perspectives & Measurement of Personality. Concept of mature Personality, Personality Theory- Problems & Procedures.

UNIT – II

- Psychodynamic perspective Freud, Erikson, Adler- theory of personality – the structure, dynamics and development of Personality and the Research Methods used.

UNIT – III

- Trait approaches Allport, Cattle and Eysenck-theory of personality. The structure dynamic, development of Personality the Research Methods.

UNIT – IV

- Cognitive, Behavioral and Humanistic approach Kelly, Bandura and Roger’s theory of Personality. Structure, dynamics and development of Personality & the Research Methods.

UNIT – V

- Indigenous concept and Models of Personality – Yogic, Sankhya and Current Researches in the field of Personality.

BOOK RECOMMENDED:-

- Liebert, R.M. & Spiegler, M.P. (1993): Personality: Strategies & issues, P.C. California Books Cole Pub. Co.
- Hall C.S. and Lindsey, G. (1996) theories of Personality N.Y.J. Wiley & Sons.
- Pervin L.A. (1975): Psychology of personality readings in theory, Chigos. Rand Meznally CollegeLab.
- Sinha J.N. (1969): Indian Psychology, Calcutta.
- Mukkopadhyay, Swami Niranjand Saraswati Yoga DarshanMunger: Bihar School ofYoga.

(MAP-403): INTERNSHIP-

Student has to undergo internship in the IV Semester, whatever the specialization, to gain Practical professional knowledge in important organizational / industrial / mental health institutes offering such services for a period of not less than 30 days, and thereof submit a report of such learning experiences to the Department.

(MAP-404) CLINICAL DIAGNOSIS– II

Course objective: The purpose of the course is to provide an advanced knowledge regarding the assessment tool of clinical diagnosis of psychological disorders

UNIT – I

- Clinical assessment: Basic principles, Psychometric tests: MMPI, WAIS & WISC.

UNIT– II

- Projective tests: Characteristics and clinical use, Rorschach & TAT.

UNIT – III

- Neuro Psychological examination: Approaches; Halstead Neuropsychological test battery, Luria Nabaska Battery, use of Bender Gestalt & Wechsler scale in neuro psychological testing.

UNIT– IV

- Community Psychology: History and Perspectives of Community Psychology.

UNIT–V

- Community Psychology: Social Interventions: Methods and Strategies.

BOOK RECOMMENDED:-

- Iscope, I.; Block B.L. and Spielberger, C.D. (eds) Community psychology: Perspectives in training and research. NY: Appleton,1977.
- Mann. A.P.; Community Psychology: Concepts and applications. Free Press,1978.
- Rapaport, J. Community Psychology: Values, Research and action. NY: Holt Rinehart.1977.
- Korchin, S.Modern Clinical Psychology. Harper and Row,1978.
- Wolman, B.B. (ed) Handbook of Clinical Psychology, Mc Graw Hills,1972

(MAP-405): PSYCHOTHERAPEUTIC COUNSELLING – II

Course objective: This Course facilitates the advance knowledge of Psychotherapy and Counseling to assist students in acquiring practice management and referral skills.

UNIT – I

- Methods for preventing problems and developing resourcefulness: Training family members, sibling as behavior change agents, Maintenance of parent raining. Development of academic skills – Teaching study skills to adults, improving study behavior through self-control technique.

UNIT – II

- Assertiveness Training, Developing Assertive Behavior through Converts Modeling. Personal Appearance, Improving client’s grooming.

UNIT – III

- Methods for Promoting Wise Decision- Making: With Children, Career Decision Making Evaluation of Problem Solving Competence.

UNIT – IV

- Social Interaction: Conversational Skills, Weight: Control: Psychological techniques, improving Physical Fitness, Cardio Vascular Problems: Psychological prevention.

UNIT – V

- Drug Abuse: Drug abuse perception Reinforcement for alternatives Peer Counseling: Peer Guidance program and behavioral interventions, Counselor Accountability System.

BOOK RECOMMENDED:-

- Carson & Butcher : Abnormal Psychology and modernlife.
- Wolpe, R. & Dryden, W. (eds) (1996): Handbook of counseling psychology, NewDelhi
- Woolberg, L.R. (1998): The Techniques of Psychotherapy, BarcourBrace:Groune and station.
- Toukimarian, S.G. & Rennie D.C. (1992): Psychotherapy Process and Research,Sage
- Gelso; C.J. and Fretz, B.R. (1995): Counseling Psychology, Bangalore, Prism Books Ltd.
- Abate, L. & Milan, M.A. (ed.) (1985): Handbook of social skill training & Research, New York: John Wiley & Sons.
- Gorey, G (1986) Theory and Practices of Counseling and Psychotherapy, Monterey California, books coleypublishing.
- Adelson, D. & Kalis, B.L. (1970): Community Psychology and Mental Health. PerspectivesSeanto.
- Mann. A.P. (1978): Community Psychology: Concepts and applications, FreePress.
- Iscoe. I. Block, B.L. & Spielberger, C.D. (eds.) (1977): Community Psychology: Perspectives in training and research N.Y.:Appleton.

(MAP-406): EDUCATIONAL AND INSTRUCTIONAL PSYCHOLOGY – II

Course objective: This course provides the prospective teacher with an understanding of the contemporary psychological knowledge related to education.

UNIT – I

- Effective Teaching and Classroom Management, Planning and setting objectives for Teaching, Characteristics of effective teachers.

UNIT – II

- Teaching methods instruction lecturing and explaining, questioning, Student centered teaching class room management and teaching in small groups: The discussion method and cooperative learning, computer-assisted instruction.

UNIT – III

- Exceptionality and social education: Categories of exceptionality, Labeling and educational relevance to physically disabled students, students with cognitive disabilities, brain dysfunction and communication disorders.

UNIT – IV

- Students with emotional and behavior disorder. Attention deficit disorder (Add), Attention Deficit Hyperactive Disorder (ADHD), Gifted and talented students. Intervention and special education for various forms of exceptionality, mainstreaming.

UNIT – V

- Educational Assessment, Measurement and evaluation (Norm reference and criteria referenced tests), Test scores- meaning and types, standardized test: Meaning Types and interpretation, Classroom assessment and grading: Techniques of Class room evaluation, Observation, questionnaire.

BOOK RECOMMENDED:-

- De Secco, J.P. & Croford, W.R. : The Psychology of Learning and Instruction, New Delhi. PrenticeHall.
- Ellis, R.S.: Educational Psychology, A Problem approaches affiliated, New Delhi, ease WestPress.
- Bruce & Marshvell : Models of Teaching (2nd Ed.)1980.
- Travers, J.F. : Educational Psychology (2ndEd.)1979.
- Woolbtk, A.E. (1995), Educational Psychology (6th Ed.) Allya & Bacon, London/ Bostan.
- Gage, N.L. & Berliner (1998). Education of Psychology (6th Ed.), Hought Miffir, New Yark.
- Axrual Review (2006), Vol 57, P487-
- Sharma R. A. (2007), Advance Educational Technology, Revised Edition International Publishing House P 25-42, 43-65,66-668
- Mohan, A.J. (2003) Educational Psychology, Neel KamalPublications.

(MAP-407): BASICS OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – II

Course objective: To impart the advance knowledge of Guidance and Counselling and to familiarize the students with applied and positive perspectives of Guidance and Counselling.

UNIT-I

- Nature, Need and Functions of Counseling. Counseling and Psychotherapy.

Intervention, Goal and objectives of Counseling.

UNIT – II

- Techniques of appraising the client: Standardized Techniques, Intelligence, Personality, Aptitude and Interest Interview.

UNIT – III

- Approaches of Counseling: Directive, Non-directive, Eclectic. Individual and group counseling. Evaluation of counseling. Follow up and placement services.

UNIT – IV

- Characteristics of a good Counselor. Counselors Training, Issues and trends in guidance and counseling, Ethical standards.

UNIT – V

- Special areas of Guidance and Counseling: Marital, Family. Counseling for pre-school and elementary school children adolescent.

BOOK RECOMMENDED:-

- Anastasi, Z., 1 Lewis, E.C. (1970): Counselling Psychology, New York, Holt Rinehart and Winster, Inc.
- Harson, J.C. (1978): Counselling Processes and Procedures. New York, McMillan Publishing Co. Inc.
- Narayan Rao. S. (1981): Counselling Psychology, New Delhi, Tata McGrawHill.
- Kemp. C.G. (1970): Foundations of group counselling. New York, McGrawHill.
- Lewis, E.C. (1970): Counseling Psychology, New York, Holt Rinehart and Winster, Inc.
- Steffler, B. (Ed.) 1965. Theories of counseling, New York, McGraw Hill BookCo.
- Warters, J. (1964): Techniques of counseling, New York, McGraw Hill BookCo.
- Rappaport, D. Gill, M.M. and Schafer, R. (1968): Diagnostic Psychological testing. (Revised edition, edited by Holt, R.R.) New York, International Universities Press.

(MAP-408): ORGANIZATIONAL BEHAVIOUR –II

Course objective: To impart the advance knowledge of the processes used in developing communication and resolving conflicts. To explain group dynamics and demonstrate skills required for working in groups (team building)

UNIT-I

- GROUPS: Types of Groups, Processes, Group Culture and Social Influence, Team Building.

UNIT– II

- COMMUNICATION: Nature, Types, Application of different types of Communication, Role of TA in Communication.

UNIT– III

- ORGANIZATIONAL CHANGE: Types of Change, Sources of Change, Process, Human element in change.

UNIT– IV

- ORGANIZATIONAL DEVELOPMENT: Concepts, objectives and goals, process Behavioral Science approach to organizational development.

UNIT–V

- MARKETING: Marketing Research, Nature and function, consumer behavior, sales promotion strategies.

BOOK RECOMMENDED:-

- Udai Pareek: Organizational learning R. Gibson (1997) Rethink the future London Nicholas BrealeyPublishing.
- Luthans Fred: Organizational Behavior (1995) Mc Graw Hill international Edition.
- Stephens P. Robbins: Organizational behavior (9th edition) (2000) Prentie Hall India, New Delhi110001.
- Jerald Greenbery, Robert, A aburon: Behaviour in organization (1999) PrentieHall of India. New Delhi110001.

(MAP-409) HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT – II

Course objective: To develop the advance knowledge of the concept of human resource development and management and its relevance in organizations.

UNIT–I

- Job evaluation, Wage and salary administration. Employment incentives.

UNIT– II

- Human Resource policies and practices, changing trends in work environment, developing the human resource.

UNIT– III

- Maintaining Human Resource: Safety and Health Stress Management, Labour Relations.

UNIT– IV

- Collective Bargaining, Employee involvement, employee communication.

UNIT–V

- Employee counseling, challenges of Human Resource Management.

BOOK RECOMMENDED:-

- Human Resource Management. A contemporary perspective I. Board Well & Holden.
- Personnel Human Resource Management. D.A. centre & S.P. Robbins.
- Designing and Management. Human Resources Systems U. Pareek & T.V. Rao.
- Human Resource Management. Fisher. Scheenfeldt and show.
- Human Research and Personnel Management by Aswathappo. (2002) 3rd edition; Tata McGrawHill.

(MAP-410): PRACTICALS AND FIELD WORK (COMPULSORY)-

FIELD STUDY

- This part of the practical paper comprises of completion of two field studies, one from the area of compulsory papers and another from the area of optional papers of the special groups under the supervision of a concern teachers.

*****END*****